



BABAJI'S KRIYA YOGA PUBLICATIONS

KRIYA YOGA PILGRIMAGE TO THE HIMALAYAS

October 9 to 25, 2026 with Acharya Amman and Mihir Patel

Due to the overwhelming interest in our past Himalayan pilgrimages, Acharya Amman will lead another group of Kriya Yoga students on a pilgrimage to Badrinath, which is associated with Babaji's life and realization. It will be an unforgettable experience in the homeland of Yoga, where Babaji's Kriya Yoga was given birth. We will be comfortably lodged in the 13 apartments of our new Badrinath Ashram, situated close to the border of Tibet, at an altitude of 10,000 feet.

On a pilgrimage, one seeks to come close to the Divine by meditating in sacred places that provide a terrestrial "doorway" to the Infinite and the Absolute. One may easily experience the "Divine Presence" in such a place as Badrinath, which has been sanctified by the spiritual practices of many yogis and saints. There will be group practice of Kriya Yoga and Satsang in the Ashram's yoga and meditation halls at least twice daily to deepen your experience. There will be outings to various places of interest, including Vasudhara Falls, Vyasa Gufa, Neelakantan Peak, Badrinath Temple and the hot springs bathing ghat. The focus on this pilgrimage will be on our practice, on doing our sadhana in Badrinath and in Mana, which is the doorway to Babaji's Etheric Ashram at Satopanth Tal.

We have scheduled this pilgrimage to coincide with the time of year when the weather is the most pleasant in the Himalayas: after the monsoon period, cool, with perhaps a few cold evenings. The hotels have also been carefully selected, as much as possible for their Western style comfort and facilities. Ground transportation will be on a comfortable bus. We will slowly meander to Badrinath, spending several days in Rishikesh/Hardwar to acclimate. It will require two comfortable drive to reach Badrinath.

HIMALAYAS PILGRIMAGE TRAVEL SCHEDULE

FRIDAY October 9: Arrive in New Delhi, and either take a connecting flight to Dehradun's Jolly Airport or stay the night at a hotel near the airport.



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Depending on the time of your arrival in Delhi, plan on staying overnight, as flights to Dehra Dun are between 6:30 am and 6 pm. We can recommend a hotel, please inform us. Please plan your flight so you can arrive in Delhi on Saturday morning.

SATURDAY October 10: Fly from Delhi to Dehradun's Jolly Airport, then take a taxi to the Divine Resort Hotel in Rishikesh. Stay at Divine Resort Hotel on Ganges, at Lakshman Jula for 3 nights.

SUNDAY October 11: Spend the day visiting Rishikesh, attend the evening Ganges puja at Ram Jula.

MONDAY October 12: Visit the caves and ashrams in the Rishikesh area and bathe in the Ganges.

TUESDAY October 13: Leave **Rishikesh for Rudraprayag**, 150 km journey, 6 hours travel time. Night halt. Stay at the Monal Resort Hotel.

WEDNESDAY October 14: Rudraprayag to Badrinath. 7.5 hours travel time. Visit the Shankaracharya monastery and cave in Jyotishimutt. Move into the apartments of the new ashram. 8 nights.

THURSDAY October 15: Group sadhana early every morning. Orientation visit to Badrinath in afternoon. Yoga class every day at 3:30 pm followed by group sadhana, dinner at the ashram, and kirtan or lecture in the evening.

FRIDAY October 16: Morning visit Badrinath Temple and Tapt Kund. Sacred bath. First mantra yagna at the ashram in early afternoon.

SATURDAY October 17: Visit Mana. Visit Vyasa Gufa cave, and the confluence of the Saraswati and Alakananda Rivers.

SUNDAY October 18: Day of sadhana at the Ashram. Puja and yagna lead by priest.

MONDAY October 19: Hike to Vasudhara Falls via Mana. Sadhana at ashram.

TUESDAY October 20: Leisure Day. Optional: Hike to base of Mt. Neelakantan for meditation.

WEDNESDAY October 21: Day of Sadhana. Second Mantra Yagna at our Babaji Ashram and mantra diksha.

THURSDAY October 22: Leave for **Rudraprayag**, 160 km, 7 hours drive. Stay one night at Monal Hotel.



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FRIDAY October 23: Leave for Rishikesh, 170 km, 8 hours. Stay at Divine Resort Hotel for 2 nights.

SATURDAY October 24: Visit ashrams in Hardwar of Lahiri Mahasya and Anandamoya Ma for evening puja.

SUNDAY October 25: Late afternoon, taxi to Joly Airport, 30 km from Rishikesh. Take a flight to New Delhi. Depart for home late October 25, or early October 26.

MONDAY October 26: Return home.

COST, AIRLINE RESERVATIONS, MEALS, MEDICAL INSURANCE AND VISAS:

The total price of the proposed pilgrimage from October 9-25, 2026, will be US\$2,100 or CAD\$2,940 or 1,920 € plus airfare which is extra. The cost of roundtrip airfare is generally between \$1 600 and \$2 000 from North America, and 700€ from Europe. We require that you have travel medical insurance. We recommend AAA or CAA, or for Canadian residents, Tour Med.

Please do not make your plane reservations until we can confirm that we have at least 10 people who have enrolled and paid their deposit.

Please enroll early.

Connecting flight between Joly and Delhi airports. At the beginning of the pilgrimage, you will need a connecting flight from the New Delhi International Terminal #3 to the Joly airport in Dehradun not later than Saturday October 10. At the end of the pilgrimage, it will be important for you to have a ticket and reservation from Joly Airport to Delhi on late afternoon Sunday October 25, so that you can arrive in Terminal 3, the International Terminal in the Delhi airport, where you will have an easy connection to your international flight late night October 25/26. It is a short 30 minute flight which may cost about US\$100 or CN\$135 each way. We can recommend **Vistara airlines (www.airvistara.com)** or **if you have a credit card with a 3D chip you can buy a ticket online with Indigo Airlines.** Both airlines are conveniently located in the New Delhi International Terminal (#3) "Domestic Wing" where there is also the Holiday Inn Express Hotel.

As we have found that most people vary in their meal preferences, it does not include most of your meals, which will probably average less than \$25 per day. During the 7 nights we are in hotels, only breakfasts are included, not lunches and dinners. However, during the 8 nights we will stay at the Badrinath ashram, the cost of breakfasts and suppers, but not the lunches are included in the price.

The cost of fees for obtaining a visa for India is not included in the price. Participants must apply for an India tourist visa online with the agency representing their country's India Embassy.



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RESERVATIONS

To reserve your place, write to Marshall Govindan Satchidananda at satchidananda@babajiskriyayoga.net, and as soon as possible CAN\$700 or US\$500 in one of the following manners:

In Canada: by interac bank transfer to the email of Marshall Govindan: satchidananda@babajiskriyayoga.net or by credit card, with your VISA or Master or AMEX card here: <https://www.babajiskriyayoga.net/english/kriya-yoga-enrollment.htm>

Or in the United States dollars or outside North America by credit card, with your VISA or Master or AMEX card here:

<https://www.babajiskriyayoga.net/english/kriya-yoga-enrollment.htm>

or by Bank or Wise funds transfer. Include all the data highlighted in yellow below

Payment to: **Babaji's Kriya Yoga and Publications, Inc.**

196 Mountain Road, P.O. Box 90, Eastman, Quebec, Canada J0E 1P0

Name of bank: **La Caisse Central Desjardins du Quebec, Complexe Desjardins- 1, suite 2822, Montreal, Quebec, Canada**

Swift code: **CCDQCAMMXXX**

Branch bank name: **La Caisse populaire Desjardins du Lac Memphremagog**

Account number **0815500668400178 (US dollars)**

Institution: 0815:

Transit number: 50066 (United States dollars)

The balance will be payable by August 28, 2026 by interac transfer (Canada) to the email address of Alan Frank (Amman) a.frank@sasktel.net or by bank transfer.

The deposit will be returned if pilgrimage is cancelled, you are not accepted or you are prevented by unavoidable circumstances from attending.

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