



BABAJI'S KRIYA YOGA

– *The Yoga of the Maha Siddhas* –

INITIATION WEEKEND SEMINAR

The First in a series of three progressive Initiations

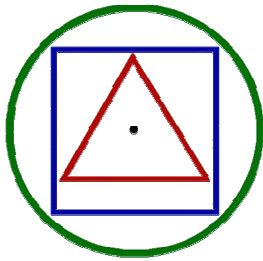
with **Yogaacharya M.D. Satyananda**,

Babaji's Kriya Yoga Order of Acharyas

5 - 7 February **2016** in **CHENNAI**

Initiation into Kriya Kundalini Pranayama Training in Meditation, Hatha Asana, Mantra • Puja Ceremony

*The Breath to Creation's Power & Consciousness,
Awakened Kundalini Shakti & Action with Awareness*

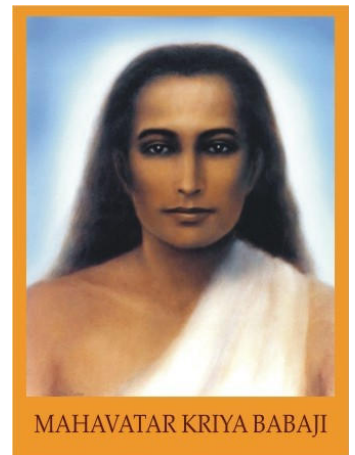


BENEFITS:

- ☞ Physical Health & Mental Fitness in Your Daily Life
- ☞ Constant Inner Peace in a Householder's Life
- ☞ Realization of Your Self & Absolute Reality
- ☞ Conscious Creation of Your Present and Future Life

KRIYA YOGA – THE HOLY SCIENTIFIC ART OF PERFECT GOD TRUTH UNION,

is a synthesis of the ancient teachings of the *Maha Siddhas*, India's age free Mystic Sages and Yoga Adepts, revived for today's humanity by *Mahavatar Kriya Babaji Nagaraj*, nowadays taught in various branches of His disciples. **Babaji's Kriya Yoga Order of Acharyas**, founded by M. Govindan Satchidananda, inspired by his teacher Yogi S.A.A. Ramaiah and Babaji, initiates in three progressive stages into a series of 144 Kriya techniques, based on the teachings of Babaji's Kriya Yoga and of the ancient *18 Siddha Yoga Tradition* with the substantial "*Tirumandiram*" Tantra Yoga Mandalas of Siddha Tirumular, the Yoga of Siddha Boganathar, and the famous "*Yoga Sutras*" of Siddha Patanjali.



MAHAVATAR KRIYA BABAJI

India : Babaji's Kriya Yoga Trust

PB 5608, #52, 5thMain Malleshwaram 18thCross Bangalore 560 055 | +91/0 9845661221 | info@BabajisKriyaYoga.in

International HQ : Babaji's Kriya Yoga Order of Acharyas, Inc. USA/Canada

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www.babajiskriyayoga.in



Muruga+18 Siddhas



Siddha Tirumular



Siddha Patanjali



Siddha Agasthya



Siddha Boganathar



Kriya Babaji Nagaraj



Yogi Ramaiah



M.G.Satchidananda

“The Goals of Life are Happiness, Peace, Love & Enlightenment – the Desire for Perfection comes forth from the SELF – the Image of GOD – which seeks to Realize & Express Itself through All Humanity..” – Yogi Ramaiah

Schedule:

3-Days Weekend Residential Program

Friday 6 p.m. to Sunday 6 p.m.

Complete attendance mandatory

Prior registration required

Reporting time Friday within 5 p.m.

Venue:

DMI St.Thomas International Centre

Hill Top, St. Thomas Mount

Chennai – 600 016

Suggested Contribution:

Non-Residential: Rs. 4,800/- or

Residential: Rs. 7,300/- including

Rs. 3,000/- donation to Babaji's Kriya Yoga Trust,

Rs. 1,800/- charges cover event expenses,

Rs. 2,500/- cover full board shared accommodation

Registration / information:

Please contact our Trust

Mr. Vinod Kumar 0 98 4566 1221

for local questions our organizer

Mr. Sreenivasan

0 944 44 46 725 | 0 984 10 46 725

Please visit our Website

www.babajiskriyayoga.in

IN THIS WEEKEND SEMINAR, the first one of three progressive initiation seminars, you will learn essential Kriya techniques to awaken and circulate subtle energies, to increase your life force, to purify, heal and strengthen your body and mind (the five Mayakoshas), to expand your consciousness and awareness, and to unfold your complete human potential power.

- **KRIYA KUNDALINI PRANAYAMA** The powerful transforming and magnetizing breathing technique in six phases
- **ASANA** Hatha Yoga for greater health, relaxation and energy
- **MEDITATION** Seven Dhyana techniques to master the mind, find inner peace and realize Self & Absolute Reality
- **MANTRA** to contact Kriya Babaji and your Guru within you
- **INITIATION PUJA** Sacred ceremony of Bhakti Yoga
- **LIFE STYLE** How to integrate Yoga into daily life demands

M.D. Satyananda, Yogaacharya in Babaji's Kriya Yoga Order of Acharyas, offers seminars with initiation into Babaji's Kriya Yoga, mainly in Europe, India and East. Certified in Psychology and Psychotherapy, he has worked in clinical and corporation settings. After studying spiritual wisdom of the world since childhood, and Vedanta and Yoga for more than a decade in India and the West, he dedicated one decade exclusively to intense study and practice and to Karma Yoga serving Babaji's Kriya Yoga and its students. Since one decade he offers programs for Babaji's Kriya Yoga and on Yoga psychology, philosophy and metaphysics, individual counseling, and regularly pilgrimages to India's sacred places and holy masters.



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